

# Culinary Nomads



## Suggested itinerary duration:

6-9 nights, plus a night or two at your arrival or departure destination as desired.

The enjoyment of food and wine is integral to the experience offered by every luxury lodge of Australia and the culinary standard at all properties is outstanding. However, the food & wine experience offered by some properties is truly the lodge's reason for being, and for visitors for whom food and wine is a primary reason to travel, these properties will have a compelling attraction. These culinary destinations, or 'restaurants with rooms', have international and national recognitions at the highest level. The below itinerary is should appear on any food and wine lover's bucket list.

From Perth, 3hr drive to Cape Lodge, or arrange to arrive via 1hr scenic flight.

## 1 Cape Lodge

Margaret River, Western Australia

3 nights

**Cape Lodge** private estate and boutique hotel in the heart of the **Margaret River** wine region. sits within 40 acres of manicured parkland and ornamental lakes and has its own 8 acre vineyard producing fine Sauvignon Blanc and Shiraz exclusively for guests of the hotel. This premium wine region has a strong reputation for fine gastronomic flavours and spectacular scenery, where rolling vineyards sit against a backdrop of ocean and forest.

### What will I do there?

- Join a Cape Lodge cooking class designed for culinary enthusiasts. Keep an eye out for the Long Table Lunch calendar including the Truffle Hunt Tour.
- Gourmet Weekends are also scheduled throughout the year bringing together winemakers, food producers and lovers of food and wine with master classes, tastings and winemaker degustations.
- Spend time visiting a multitude of award winning, family owned wineries. Cape Lodge neighbours include the great wineries of Vasse Felix, Moss Wood, Pierro and Cullen.



3hr drive to Perth Airport, 3hr flight to Adelaide Airport, 1hr drive to The Louise or arrange to arrive via scenic flight.

## 2 The Louise

Barossa Valley, South Australia

3 nights

**The Louise**, an idyllic luxury vineyard retreat, encompassing acclaimed restaurant Appellation, is situated on a gentle hill surrounded by hundreds of acres of vines, with breathtaking vistas across the world renowned **Barossa Valley**.

### What will I do there?

- Appellation features a nightly wine-paired Chef's Tasting Menu and believes that the sum of 'food + wine' should be greater than the individual parts and that wine is a finished product. A series of dishes created to pair with specific wines, creating a unique marriage, with ingredients directed by the season.
- On a Saturday morning, take to the Barossa Farmer's Market and share in the locals delight for the food of the region.
- Take an exclusive private tour of Seppeltsfield - a national treasure and living museum of Australian wine history.



1hr drive to Adelaide Airport, 1hr flight to Melbourne Airport, 80min drive to Lake House or arrange to arrive via scenic flight.

3

## Lake House

Daylesford, Victoria

3 nights

An icon in regional dining, **Lake House** in **Daylesford** has long been considered to be one of Australia's best restaurants, championing local seasonal cuisine long before it became a mantra for many. The hotel and all manner of indulgent facilities that have grown around the restaurant over the past three decades continue to delight visitors from near and far. Indeed Executive Chef and Co-Proprietor Alla Wolf-Tasker has enough national and international awards to fill virtually every wall of her fabled house on the lake.

### What will I do there?

- Dine at the multi-award winning Lake House Restaurant.
- Farm Gate & Winery Tour - head out for the day with a local guide and meet the farmers, producers and winemakers who passionately connect the 'paddock to plate'. There's organic and biodynamic producers, rare breed farmers, producers of goat and sheep's milk cheese, cider, beer & winemakers, bakers and more.
- Meander through the property grounds and explore the Kitchen Garden planted out with herbs and edible flowers. Orchard areas include olives, crabapple, stone fruits, apple, quince and medlar.



*Optional* - As an extension to this culinary experience, also consider a taste of Queensland, visiting Spicers Peak Lodge.

+

## Spicers Peak Lodge

Queensland High Country, Queensland

3 nights

With such a uniquely Australian setting it's only fitting that The Peak Restaurant at **Spicers Peak Lodge** is an exceptional dining experience using the best of Australian produce, sourced as locally as possible. With an array of fresh options, this is truly dining at the height of luxury.

### What will I do there?

- Dine at the multi-award winning The Peak Restaurant. The intimate nature of the property influences guests to interact with the talented chef, sharing ideas, chatting about food.
- Enjoy dinner at a number of picturesque locations at and around the Lodge, or have a table set up in your own suite for total privacy and intimacy. Other options include alfresco lunch poolside or a gourmet picnic setup high above the clouds.
- Private Whiskey Masterclass - swirl a selection of drams from around the world, comparing modern whiskies from Australia and Japan with classics from Scotland - the traditional home of whisky. Learn about the typical unifying characteristics, the fermentation, distillation and ageing processes.



*Travel Tip* Spend time in each Lodge's kitchen garden and cultivate sustainable garden ideas to take home with you.

The **Luxury Lodges of Australia** are more than just a place to stay. They are devoted to connecting their guests with an experience of place, reflecting their region and the depth and diversity of Australia's luxury. These **itineraries** are a guide only as transport options and desired number of nights may vary. Prior to or upon arrival, a personalised itinerary can be created by expert lodge hosts. **Planning Tips:** Take a look at these resources to assist with planning: **what's included** at each lodge, **what to do when** at specific times of the year and to identify additional **experiences** available. **How to Book:** For availability, rates and to book, contact each lodge individually or speak to your trusted travel advisor. Find out more at [luxurylodgesofaustralia.com.au](http://luxurylodgesofaustralia.com.au)